





## Nederlandse Vereniging voor de Bakkerij (NVB) input Nutri-Score

The distinction between bread within and outside the Wheel of Five (the Dutch communication tool of food-based dietary guidelines) should be visible via an A and B score.

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	An A score for wholemeal and brown bread with more than 4.5 grams of fibre per 100 grams of product. These products fall within the Wheel of Five.
	And a B score for brown bread with less than 4.5 grams of fibre per 100 grams of product and white bread. These products do not fall within the Wheel of Five.

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Although there might be stakeholders who argue for a lower score for white bread, it should be remembered that white bread contributes to fibre intake, is a plant-based protein source and makes an important contribution to iodine intake as well. It is not the better choice compared to wholemeal bread, but that distinction is made by the A and B score respectively.

Especially since the Nutri-Score has to be taken into account in comparison with other breakfast and lunch products.